

## Stanberry R2 School District

### Standing Orders for Medical Care

Revised 12/2018

**Abdominal Pain:** A student with abdominal pain will be assessed for location, duration, and intensity of discomfort. Temperature and sufficient history to determine cause will be taken. If indicated, student will be allowed to rest 10-20 minutes. Student may be given saltines, antacids, acetaminophen, or ibuprofen according to package directions. If pain persists or becomes severe, the parent will be contacted and advised to seek their physician's care.

**Allergic Reactions:** A student with urticaria (hives) or a mild skin reaction may be given diphenhydramine (Benadryl) tablets or liquid according to package instructions after parent is contacted.

**Anaphylaxis:** A student with a reaction that causes swelling of the mouth/tongue or systemic signs/symptoms may be given an EpiPen. EpiPen Jr. (0.15mg) is used for children 33-66lbs. EpiPen (0.3mg) is used for individuals 67lbs and over. If an EpiPen is used, parents and EMS will be notified.

**Asthma:** A student's asthma action plan will be followed regarding daily and/or emergency medications.

**Bacterial Conjunctivitis:** If a student has signs and symptoms of bacterial conjunctivitis (red, itching eyes with purulent drainage), parent will be contacted, advised to seek medical care, and appropriate literature will be sent home with child. The student will return to school only after they have been on prescribed antibiotic drops for 24hours.

**Bites:** Animal or human bites will be washed thoroughly with soap and water and covered with a dry dressing. Parents will be notified, as tetanus or rabies vaccination may be required. Insect bites will be treated with anti-itch gel and ice if edema is present.

**Bumps, Bruises:** For minor bumps and bruises, ice will be applied as indicated.

**Burns (minor, not involving face):** Aloe Vera gel will be applied.

**Communicable Skin Rash:** If a student has signs and symptoms of impetigo (honey colored crusted lesions) or other contagious illness, parent will be contacted, advised to seek medical care, and appropriate literature will be sent home with the child. The student will return to school only after they have been on prescribed treatment for 24hours or the rash can be covered.

**Cough/Sore Throat:** Lemon drops may be given for a minor sore throat. Acetaminophen or ibuprofen May also be given for throat pain according to package directions.

**Cut/Scrape:** A minor cut will be cleaned with soap and water or peroxide. A clean, sterile dressing will be applied.

**Eye/Liquid:** If a foreign liquid splashes into the eye, the eye will be flushed with water while the parent is being notified so they can seek medical care.

**Eye/Minor Irritations:** Minor eye irritation will be treated with sterile water or saline. Sterile saline solution will be used for eye irritation due to contact lenses.

**Eye/Foreign Body:** A foreign body of the eye (such as an eyelash or dirt) will be flushed with eye wash and/or warm water and parents notified if indicated. If blurred vision or severe pain occurs, a patch will be applied and the parents notified so they may seek medical care.

**Fainting:** If a student faints, an assessment for injury will occur, and the student will be allowed to rest. The parents will be contacted.

**Fever:** For temperature 100.4 or greater, a parent will be contacted, and the student will be sent home. Acetaminophen or ibuprofen may be given per package instructions. The student will return to school only after they have been fever free for 24 hours without fever reducing medication.

**Head/Body Lice or Bedbugs:** If a student is present with live lice or bedbugs, parents will be contacted, and the student will be sent home with appropriate instructions on treatment and other measures required to treat it at home. When the student returns to school, they will be rechecked by the school nurse before being allowed to remain at school. If only nits are present, student will remain at school, parents will be contacted, and instructions will be sent home on nit removal.

**Head Bump/Injury:** A head bump and or head injury will be assessed and ice applied. The student will be observed for severe headache, nausea, vomiting, double or blurred vision, unequal pupils, and loss of muscle coordination such as falling down or staggering. In cases where unusual behavior, such as confusion, breathing irregularly, dizziness, seizure, or bleeding or discharge from an ear are observed, the parent will be notified and advised to seek the advice from a physician. If there is loss of consciousness, parents will be notified. An ambulance will be called if necessary. If the student is involved in athletics, the coach or athletic director will be notified.

**Hyperglycemia:** If symptoms of hyperglycemia are present (severe nausea, vomiting, abdominal pain, rapid breathing, sweet odor to breath) in a known diabetic, the parent will be contacted. EMS will be contacted if deemed appropriate.

**Hypoglycemia:** If symptoms of hypoglycemia are present (shakiness, sweating, dizziness, pallor, numbness, irritability, hunger, confusion, headache, double or blurred vision), honey or juice will be given in a conscious student. Parents will be contacted. EMS will be contacted if deemed appropriate (student unconscious or unable to take oral glucose).

**Medication Prescription:** A student may be given prescription medicine only if it has been brought from home in the original container (or an extra bottle provided by the pharmacy). It must be accompanied by written instructions on the medication authorization form, which will be signed by both the parent and the prescribing physician. The first dose of a new medication will not be given at school. Students in grades 7-12 are allowed to carry albuterol inhalers and EpiPen's on them but are required to have a medication authorization form signed by parent and doctor.

**Mouth Discomfort:** Vaseline may be applied to dry, chapped lips.

**Nausea:** For mild nausea, students may receive saltines and/or antacid. For severe nausea, vomiting, and/or diarrhea, a parent will be contacted, and the student will go home and seek the advice of their physician if indicated. The student will return to school only after being symptom free for 24 hours.

**Nosebleed:** The student will be treated with application of pressure to the nose and a cold pack to the back of the neck. If the bleeding does not subside within 10 minutes, is severe, or severe trauma to the nose is evident, the parents will be contacted.

**Pain:** Acetaminophen or ibuprofen per package instructions may be administered for a headache, menstrual cramping, and/or various minor aches. This will be given only with parental consent.

**Rash:** If a student has an unidentified rash, the parents will be notified, as the student will need to seek medical care to determine whether or not the rash is contagious. For common, identifiable rashes, such as poison ivy, sunburn, insect bites, dry skin, anti-itch gel will be applied.

**Ringworm:** If the area can be covered, the student will be allowed to stay at school. Good hand hygiene will be encouraged. The parent will be contacted and advised to seek advice from their physician for treatment.

**Seizure:** When a seizure occurs in someone with a known seizure disorder, they will be observed and protected from any environmental hazards. The parents will be contacted so they may seek the advice of their physician. When a seizure occurs from an unknown cause, EMS may be dispatched. Parent will be contacted, and seizure protocol will be used.

**Splinter:** A superficial splinter may be cleaned and removed. A sterile dressing may be applied if indicated, and a parent notified if indicated. For a deeply embedded splinter, a parent will be notified and advised to seek advice from their physician.

**Sprain/Dislocation/Fracture:** A possible sprain, dislocation, and/or fracture will be iced, elevated, and splinted as indicated during assessment. The parents will be contacted so they may seek advice from their physician. Exception to this would be potential spinal injury, in which case EMS will be dispatched and the student will not be moved.

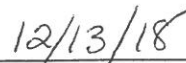
**Sting:** The stinger will be removed and ice applied. If the student is allergic to stings, the parents will be notified. EpiPen will be used if deemed appropriate. EMS will be contacted if necessary.

**Tooth Injury:** In the case of a fractured or avulsed tooth, ice packs will be applied to the affected areas of the lip/face. Ibuprofen or acetaminophen may be given per package instructions. Follow up with dentist as soon as possible. If tooth avulsed, follow instructions provided by Dr. Fallon Steins and place tooth in Save-A-Tooth solution.

\*\*The school nurse reserves the right to contact EMS at any time if he/she deems appropriate given the situation.



Katie Dias, D.O., FAAFP



Date